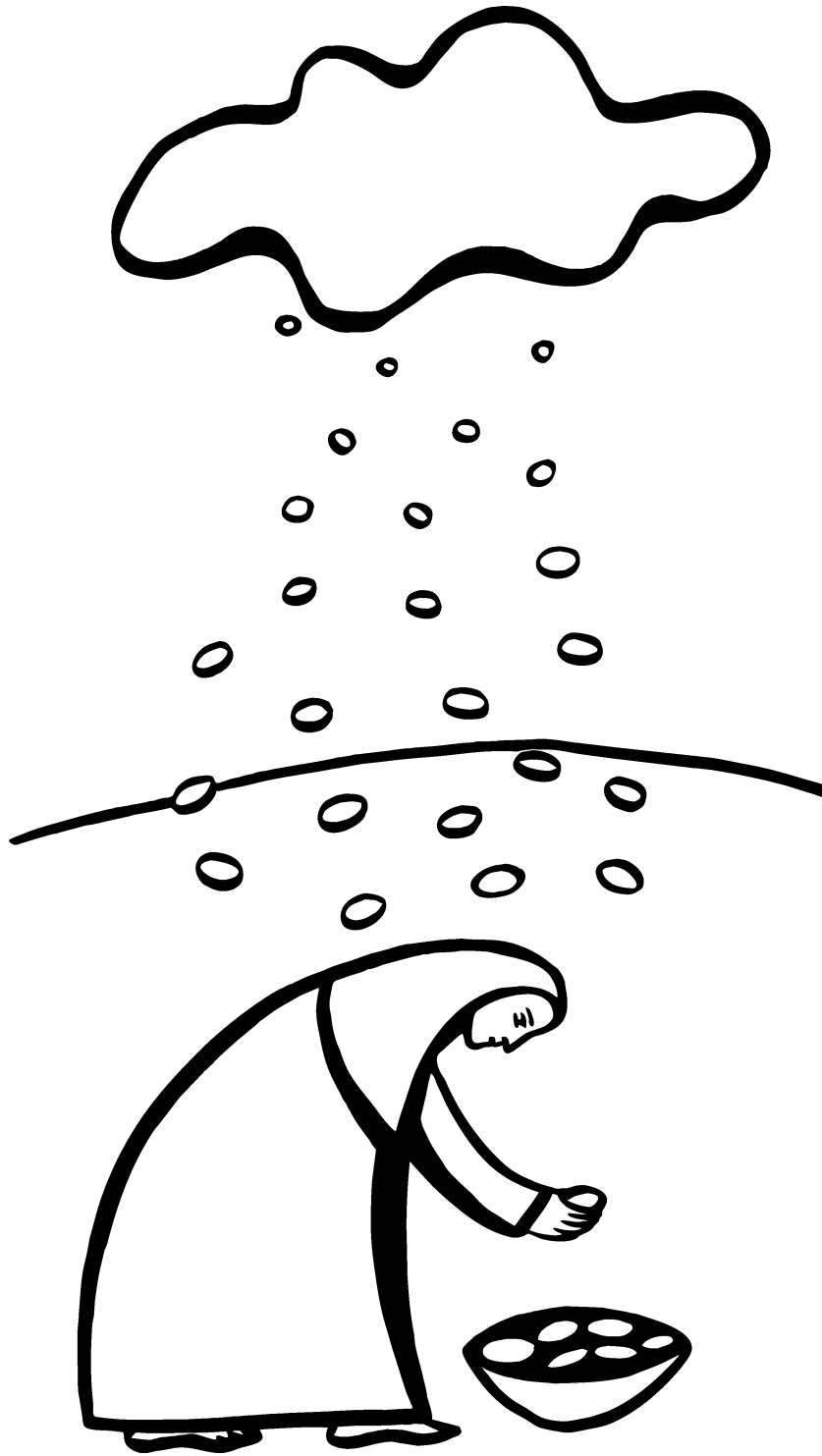


The Tenth Sunday After Pentecost



The Tenth Sunday After Pentecost
Holy Communion Setting Ten
St. Paul Lutheran Church – August 1, 2021 – 9:00 A.M.

Introduction to the day

Apparently not satisfied by Jesus' feeding of thousands, some who were there press him for a sign of his power; perhaps it is daily manna they want. As always in John's gospel when people want a sign, Jesus offers himself. He is the bread come from heaven to give life to the world. He calls us to come to him and believe in him, and through that relationship to know the one who sent him.

PRELUDE

Musical Flowers

Girolamo Frescobaldi

GATHERING

The Holy Spirit calls us together as the people of God.

CONFESSION AND FORGIVENESS

All may make the sign of the cross, the sign marked at baptism, as the presiding minister begins.

Blessed be the holy Trinity, † one God,
the God of manna,
the God of miracles,
the God of mercy. **Amen.**

Drawn to Christ and seeking God's abundance,
let us confess our sin.

God, our provider,
help us.

It is hard to believe there is enough to share.

We question your ways when they differ from the ways
of the world in which we live.

We turn to our own understanding
rather than trusting in you.

We take offense at your teachings and your ways.

Turn us again to you.

Where else can we turn?

Share with us the words of eternal life
and feed us for life in the world. **Amen.**

Beloved people of God:

in Jesus, the manna from heaven,
you are fed and nourished.

By Jesus, the worker of miracles,
there is always more than enough.

Through Jesus, † the bread of life,
you are shown God's mercy:

you are forgiven and loved into abundant life. **Amen.**

What Feast of Love



- 1 What feast of love is of-fered here, what ban-quet come from heav-en?
 2 What light of truth is of-fered here, what cov-e-nant from heav-en?
 3 What wine of love is of-fered here, what crim-son drink from heav-en?



What food of ev-er-last-ing life, what gra-cious gift is giv-en?
 What hope of ev-er-last-ing life, what won-drous word is giv-en?
 What stream of ev-er-last-ing life, what pre-cious blood is giv-en?



This, this is Christ the king, the bread come down from heav-en.
 This, this is Christ the king, the sun come down from heav-en.
 This, this is Christ the king, the sweet-est wine of heav-en.



Oh, taste and see and sing! How sweet the man-na giv-en!
 Oh, see and hear and sing! The Word of God is giv-en!
 Oh, taste and see and sing! The Son of God is giv-en!

Text: Delores Dufner, OSB, b. 1939

Music: GREENSLEEVES, English ballad, 16th cent.

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GREETING

The grace of our Lord Jesus Christ, the love of God,
 and the communion of the Holy Spirit be with you all.
And also, with you.

PRAYER OF THE DAY

Let us pray.

O God, eternal goodness, immeasurable love, **you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord.**
Amen.

FIRST READING

Exodus 16:2-4, 9-15

A food crisis becomes a faith crisis for the Israelites in the wilderness. The hungry people forget God's saving work in the exodus, and they wish for the food they had in Egypt. Nevertheless, God miraculously meets their needs, with manna for bread and quail for meat.

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness.

³The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

⁴Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

⁹Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.' " ¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. ¹¹The LORD spoke to Moses and said, ¹²"I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.' "

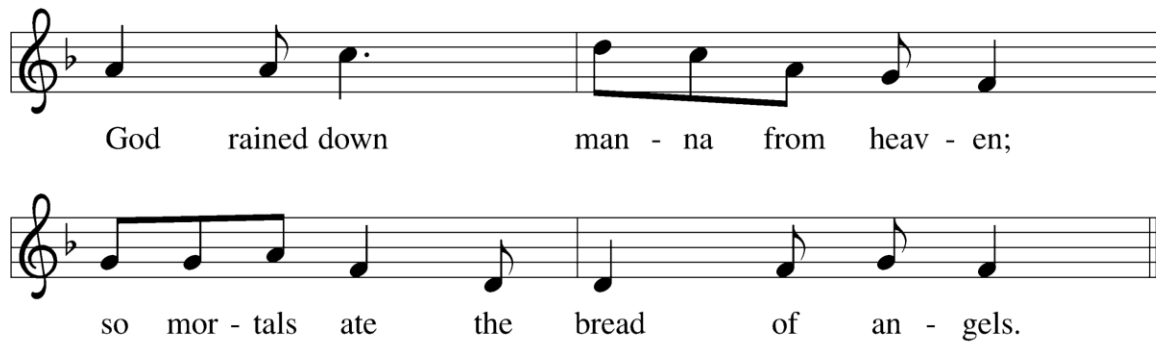
¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Word of God, Word of Life.

Thanks be to God.

PSALM

Psalm 78:23-29



God rained down man - na from heav - en;
so mor - tals ate the bread of an - gels.

Psalm 78:24-25

Psalm refrain reproduced from *Psalter for Worship Year B* © 2008 Augsburg Fortress.
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²³So God commanded the | clouds above
and opened the | doors of heaven,

²⁴**raining down manna upon | them to eat
and giving them | grain from heaven. R**

²⁵So mortals ate the | bread of angels;
God provided for them | food enough.

²⁶**The LORD caused the east wind to blow | in the heavens
and powerfully led out | the south wind,**

²⁷raining down flesh upon | them like dust
and flying birds like the sand | of the seas,

²⁸**letting them fall in the midst | of the camp
and round a- | bout the dwellings.**

²⁹So the people ate and | were well filled,
for God gave them | what they craved. **R**

SECOND READING

Ephesians 4:1-16

Christians share fundamental unity and diversity. Our unity consists in the one body, one Spirit, one Lord, one faith, one baptism, and one God. Our diversity is expressed in various forms of ministry whose goal is equipping the saints and building up Christ's one body.

¹I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

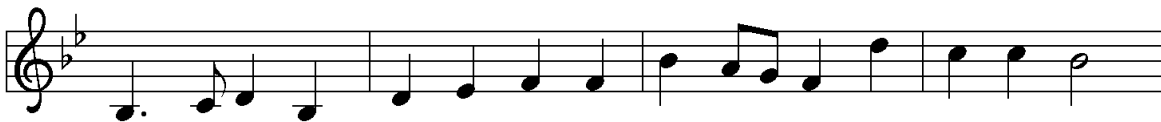
⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

⁹(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Word of God, Word of Life.

Thanks be to God.

GOSPEL ACCLAMATION



Al - le - lu - ia! Lord and Sav - ior: o - pen now your sav - ing word.



Let it burn like fire with - in us; speak un - til our hearts are stirred.



Al - le - lu - ia! Lord, we sing for the good news that you bring.

GOSPEL

John 6:24-35

The holy gospel according to John.

Glory to you, O Lord.

Many of the five thousand people Jesus fed in the wilderness continued to follow him throughout the countryside. Jesus challenges them to consider the real nature of their quest.

²⁴When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" ²⁶Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." ²⁸Then they said to him, "What must we do to perform the works of God?" ²⁹Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing?" ³¹Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" ³²Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world."

³⁴They said to him, "Sir, give us this bread always."

³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The gospel of the Lord.

Praise to you, O Christ.

THE SERMON

The Rev. Elyse Nelson Winger

Guide Me Ever, Great Redeemer

1 Guide me ev - er, great Re - deem - er, pil - grim through this
 2 O - pen now the crys - tal foun - tain where the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land. I am weak, but you are might - y; hold me
 wa - ters flow; let the fire and cloud - y pil - lar lead me
 fears sub - side; death of death and hell's de - struc - tion, land me

with your pow'r - ful hand. Bread of heav - en, bread of heav - en,
 all my jour - ney through. Strong de - liv - 'er, strong de - liv - 'er,
 safe on Ca - naan's side. Songs and prais - es, songs and prais - es

feed me now and ev - er - more, ev - er - more, feed me now and ev - er - more.
 shield me with your might - y arm, might - y arm, shield me with your might - y arm.
 I will raise for - ev - er - more, ev - er - more, I will raise for - ev - er - more.

Text: William Williams, 1717-1791; tr. William Williams and Peter Williams, 1722-1798, alt.
 Music: CWM RHONDDA, John Hughes, 1873-1932

APOSTLES' CREED

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Rooted in Christ and sustained by the Spirit, we offer our prayers for the church, the world, and all of creation.

A brief silence.

You call your church to be the body of Christ. Awaken all the baptized to the gifts you provide for carrying out the work of ministry. Where the church is divided, knit us together and restore the unity of the faith. Hear us, O God. **Your mercy is great.**

You command the clouds above and cause the wind to blow in the heavens. Watch over deserts and wilderness places. Regenerate rainforests, defend species at risk of extinction, and strengthen the work of conservation organizations (*especially*). Hear us, O God. **Your mercy is great.**

You summon leaders to respond to the needs of your people. Instill those who govern with patience when confronted with grievances and perseverance in seeking what promotes the well-being of the community. Hear us, O God. **Your mercy is great.**

You draw near to those who cry out for help. Feed those who are hungry, reassure those who are despairing, and accompany those who are imprisoned. Rain down the true bread from heaven that gives life to the world. Hear us, O God. **Your mercy is great.**

You receive all who come seeking a sign of grace. Make this congregation a place of hospitality for those accustomed to rejection. To those who have felt excluded here or elsewhere, prepare us to welcome them in the name of Christ. Hear us, O God. **Your mercy is great.**

We pray for our call committee. We give thanks for those who have been appointed to serve on the and entrusted with the work of discerning a new pastor to guide this congregation. Grant them wisdom, patience, and the direction of your Holy Spirit, that they may exercise right judgment, and so serve you and the mission of your people here. Hear us, O God. **Your mercy is great.**

Here other intercessions may be offered.

You provide food that endures for eternal life. Sustain us each day with the bread of life until we are gathered with all the saints and feast together at your heavenly banquet. Hear us, O God. **Your mercy is great.**

We lift these and all our prayers to you, O God, confident in the promise of your saving love; through Jesus Christ our Lord. **Amen.**

THE EXCHANGE OF PEACE

The peace of Christ be with you always.
And also with you.

OFFERTORY RESPONSE

Take, O Take Me as I Am

ELW 814

Take, Oh, Take Me As I Am

The musical score is written for voice and piano. It consists of two systems of music. The first system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The lyrics are: "Take, oh, take me as I am; sum-mon out what I shall be;". The second system also has a vocal line in the treble clef and a piano accompaniment in the bass clef. The lyrics are: "set your seal up - on my heart and live in me." The music is in a minor key with three flats (B-flat, E-flat, A-flat) and a common time signature.

Text: John L. Bell, b. 1949
Music: TAKE ME AS I AM, John L. Bell
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OFFERING PRAYER

Jesus, Bread of life,
you have set this table with your very self,
and called us to the feast of plenty.
Gather what has been sown among us,
and strengthen us in this meal.
Make us to be what we receive here,
your body for the life of the world. **Amen.**

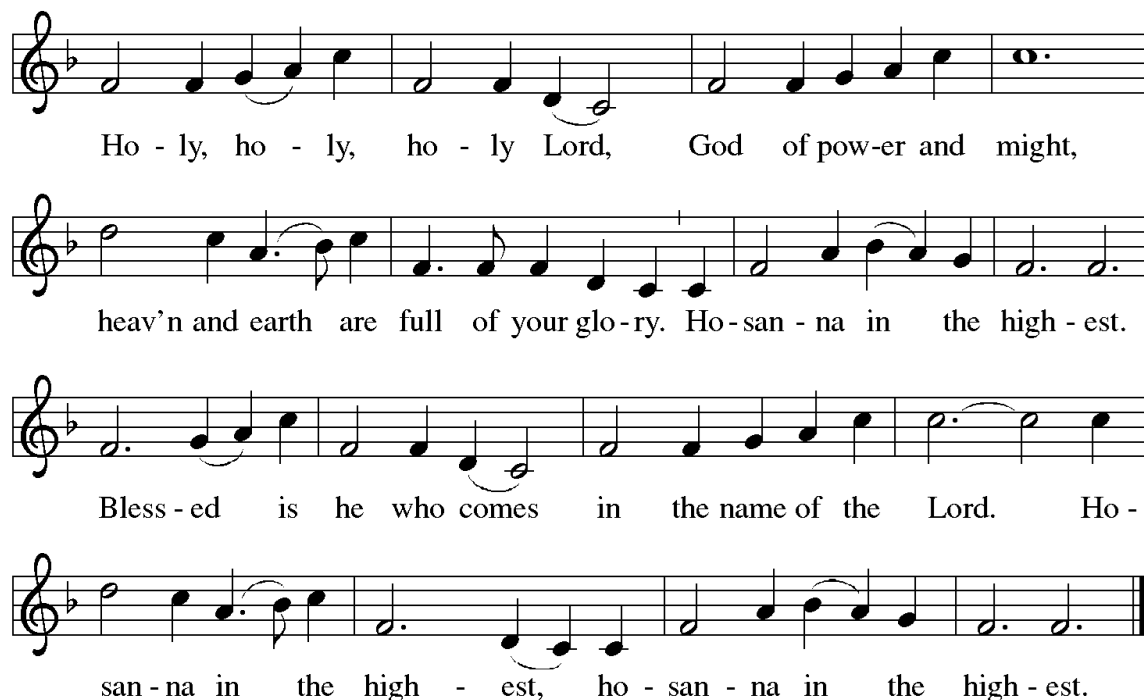
THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God.
You reveal your glory
as the glory of the Father, the Son, and the Holy Spirit:
equal in majesty, undivided in splendor, one Lord, one God,
ever to be adored in your eternal glory.
And so, with all the choirs of angels,
with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
 heav'n and earth are full of your glo-ry. Ho-san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho -
 san - na in the high - est, ho - san - na in the high - est.

THANKSGIVING AT THE TABLE

Holy, mighty, and merciful Lord,
 heaven and earth are full of your glory.
 In great love you sent to us Jesus, your Son,
 who reached out to heal the sick and suffering,
 who preached good news to the poor,
 and who, on the cross, opened his arms to all.
 In the night in which he was betrayed,
 our Lord Jesus took bread, and gave thanks;
 broke it, and gave it to his disciples, saying:
 Take and eat; this is my body, given for you.
 Do this for the remembrance of me.
 Again, after supper, he took the cup, gave thanks,
 and gave it for all to drink, saying:
 This cup is the new covenant in my blood,
 shed for you and for all people for the forgiveness of sin.
 Do this for the remembrance of me.
 Remembering, therefore, his death, resurrection, and ascension,
 we await his coming in glory.
 Pour out upon us the Spirit of your love, O Lord,
 and unite the wills of all who share this heavenly food,
 the body and blood of Jesus Christ, our Lord;
 to whom, with you and the Holy Spirit,
 be all honor and glory, now and forever. **Amen.**

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

INVITATION TO COMMUNION

Christ has set the table with more than enough for all.
Come!



1 O Lamb of God, you bear the sin of all the world a - way;
2 O Lamb of God, you bear the sin of all the world a - way;
3 O Lamb of God, you bear the sin of all the world a - way;



you suf-fered death our lives to save: have mer-cy now, we pray.
you set us free from guilt and grave: have mer-cy now, we pray.
e - ter-nal peace with God you made: give us your peace, we pray.

COMMUNION HYMN

In the Singing

ELW 466

PRAYER AFTER COMMUNION

Jesus, Bread of life,
we have received from your table
more than we could ever ask.
As you have nourished us in this meal,
now strengthen us to love the world with your own life.
In your name we pray. Amen.

BLESSING

The blessing of God,
who provides for us, feeds us, and journeys with us,
✠ be upon you now and forever. **Amen.**

ANNOUNCEMENTS

Son of God, Eternal Savior

1 Son of God, e - ter - nal Sav - ior, source of life and truth and grace,
 2 As you, Lord, have lived for oth - ers, so may we for oth - ers live.
 3 Come, O Christ, and reign a - mong us, King of love and Prince of peace;
 4 Son of God, e - ter - nal Sav - ior, source of life and truth and grace,

Word made flesh, whose birth a - mong us hal - lows all our hu - man race,
 Free - ly have your gifts been grant - ed; free - ly may your ser - vants give.
 hush the storm of strife and pas - sion, bid its cru - el dis - cords cease.
 Word made flesh, whose birth a - mong us hal - lows all our hu - man race:

you our head, who, throned in glo - ry, for your own will ev - er plead:
 Yours the gold and yours the sil - ver, yours the wealth of land and sea;
 By your pa - tient years of toil - ing, by your si - lent hours of pain,
 by your pray - ing, by your will - ing that your peo - ple should be one,

fill us with your love and pit - y, heal our wrong, and help our need,
 we but stew - ards of your boun - ty held in sol - emn trust will be.
 quench our fe - vered thirst of plea - sure, stem our self - ish greed of gain.
 grant, oh, grant our hope's fru - i - tion: here on earth your will be done.

Text: Somerset C. Lowry, 1855-1932

Music: EN BABELONE, *Orde en Nieuwe Hollandsche Boerenliedjes en Contradansen*, 1710; arr. Julius Röntgen, 1855-1932

DISMISSAL

Go in peace. You are the body of Christ.
Thanks be to God.

POSTLUDE

We All Believe in One God

J. S. Bach

WORSHIP LEADERS TODAY

Preaching and Presiding: Rev. Elyse Nelson Winger

Eucharistic Minister: Patrick Broe

Reader: Andy Broe

Cantor:

Music Director: Ted Stoddard

A/V: Anne Wheeler

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NOTES AND ANNOUNCEMENTS

St. Paul Lutheran Church, 1123 Washington St., Gloucester, MA 01930
978-283-6550, office@stpaulcapeann.org

SUMMER WORSHIP SCHEDULE

Sunday Services will start at 9:00 A.M. until August 29, 2021

AN UPDATE ON OUR DEAR ABBY JOHNSON AND A REQUEST

Abby Johnson finishes her seminary internship year in mid-August and will end the month volunteering in Guatemala at the *Hogar Miguel Magone Orphanage*, home to 90+ children, and helps run Hope Academy for Girls, a Pre-K through 8th grade school outside the city of Antigua. [Tree4Hope](#) sponsors this school, led by 2 Lutheran pastors. While there, Abby will be their guest artist to create a mural with the children at Hope Academy.

When asked "**What do you need that fits in a suitcase?**", they responded with a need for **chewable children's vitamins (non-gummy ones)**. Abby's goal is to bring 50 bottles of children's vitamins. If you would like to help with this goal, please drop off bottles of children chewable vitamins on any July Sunday at church or place them in the shed behind the church, before August 15 to be added in her spare suitcase, along with her art supplies. Thank you for prayers and support for this mission.

CHRISTIAN EDUCATION IDEAS TEAM

With the recent resignation of Robin Carlo as our Dir. of Family & Youth Ministry, we share the need to plan what our family/children's Christian education program will become at St. Paul in the coming fall. Will it be multi-generational events or outside discovery of God's wonders around us? Will it be on Sunday or another day of the week? Please share your time and ideas to help form a plan and program for St Paul's beloved children and families. **Join the IDEAS Team discussion, via a note to church office of your interest, time/date to be determined.**

OFFICE HOURS FOR PASTOR ELYSE NELSON WINGER

Pastor Elyse will be in the church offices after Sunday services and is available for visits on Sunday afternoons. She is happy to meet inside or outside, using all necessary precautions regarding

distancing and wearing masks. Please call her (309-212-9723) or email her (pastor@stpaulcapeann.org) if you would like to make an appointment or in the case of a pastoral emergency.

PRAYER LISTS

Please keep these people in your prayers for healing throughout the week: Daneen R., Sonny M., Tasha R., Willy G., Jim W., Brian D., Judith O., Ron F., for a Family in need of prayers, Miles, Kathryn, Bill P., Bob S., Liana W.

Remembrance: Please keep Sylvia Knowles and her family and friends in your thoughts and prayers as they grieve the loss of her husband, Donald.

Please keep the Wheeler and Bellavance family in your thoughts and prayers as they grieve the passing of Alice Wheeler, Anne's mom, who died at home on July 26th.

Armed services: Josh Coakley, Stephanie Norberg, Brian Misuraca, Christian DiGregorio, John Korpi III, Danny Hill, Rachel Misuraca Lewin, Zach Hafey, and Tony Favalora

Please see the FYI emails for more information